

VALENTINE'S DAY DECADENCE

●●●●● shopping list

PRODUCE

- 1 lime
- 2 large carrots
- 1 head red cabbage
- 1-2 bunches baby bok choy
- 1 serrano chile
- 1 red chile
- 1 pint shitake mushrooms
- 1 medium red onion
- 2 cloves garlic
- Ginger
- 1 bunch rosemary

PERISHABLES

- Frozen edamame in the pod
- Apple juice
- 1 box Mori Nu firm silken tofu
- 1 cup fresh coconut milk OR canned
- Dark chocolate-covered espresso beans OR dark chocolate-covered almonds
- Organic rose petals

PANTRY

- Extra-virgin olive oil
- Coarse sea salt
- Freshly ground black pepper
- Freshly ground white pepper
- Rice vinegar
- Apple cider vinegar
- Toasted sesame oil
- Sesame oil
- Pure maple syrup
- Vegetable stock
- Forbidden black rice
- Pine nuts
- Tamari
- Arrowroot
- Vanilla extract
- Cocoa powder
- Cayenne pepper