

# STRAIGHT-EDGE PUNK BRUNCH BUFFET

## ●●●●● shopping list

### PRODUCE

- 1 pound mixed baby greens
- 2½ cups sunflower sprouts
- 2 yellow bell peppers
- 2 lemons
- 3 nectarines
- 6-8 tangerines
- 3 peaches
- 6 plums
- 2½ cups blueberries
- 3 ripe bananas
- 1 cup strawberries
- ½ pound fresh cherries
- 1 pound Yukon gold potatoes
- 1 red onion
- 1 yellow onion
- 3 cloves garlic
- 1 bunch thyme
- 1 bunch rosemary

### PANTRY

- course sea salt
- freshly ground black pepper
- freshly ground white pepper
- extra-virgin olive oil
- sparkling water
- whole-wheat pastry flour
- baking powder
- ½ cup toasted almonds
- almond butter
- pure maple syrup
- vanilla extract
- 3 cups vegetable stock
- Dijon mustard
- red pepper flakes
- paprika
- cayenne pepper
- cinnamon
- nutmeg

### BREAD, SOY, RICE MILK

- 8 slices seven-grain bread
- 1 cup rice milk
- ¾ cup plain soy yogurt
- ½ pound (one 8-ounce package) tempeh